



# Sample Weekly Events Calendar

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|---|--|--|--|--|
| <p><b>8:30</b><br/>Exercise &amp; Stretch</p> <p><b>10:00</b><br/>Religious Services</p> <p><b>11:15</b><br/>Patio Pleasures</p> <p><b>2:30</b><br/>Cinema</p> <p><b>4:15</b><br/>Personal Social Visits</p> <p><b>8:15</b><br/>The Great Musicals</p> | <p><b>9:00</b><br/>Wake &amp; Shake</p> <p><b>10:00</b><br/>Horticulture Club</p> <p><b>11:30</b><br/>Sit &amp; Stretch</p> <p><b>12:15</b><br/>Personal Social Visits</p> <p><b>2:30</b><br/>Bingo</p> <p><b>3:45</b><br/>Wii Play</p> <p><b>4:30</b><br/>Horseshoes</p> <p><b>6:45</b><br/>Pokeno</p> | <p><b>9:00</b><br/>Stretch &amp; Bend</p> <p><b>11:00</b><br/>Arts &amp; Crafts</p> <p><b>2:30</b><br/>Book Fair</p> <p><b>4:30</b><br/>Basketball</p> <p><b>6:45</b><br/>Card Club</p> <p><b>7:30</b><br/>Fashion Show</p> | <p><b>9:00</b><br/>Seniorcise</p> <p><b>11:30</b><br/>Once in a Blue Moon</p> <p><b>2:30</b><br/>Dance to the music</p> <p><b>4:30</b><br/>Sing a long</p> <p><b>6:30</b><br/>Bowling</p> <p><b>7:45</b><br/>Movie</p> | <p><b>9:00</b><br/>Wake &amp; Shake</p> <p><b>11:00</b><br/>Current Events</p> <p><b>2:30</b><br/>Live Entertainer/ Music</p> <p><b>4:30</b><br/>who am I</p> <p><b>6:45</b><br/>Dice Game</p> | <p><b>9:00</b><br/>Seniorcise</p> <p><b>10:30</b><br/>Strike up the band</p> <p><b>2:30</b><br/>Yoga</p> <p><b>2:30</b><br/>Birthday Bash</p> <p><b>4:00</b><br/>Happy Hour</p> <p><b>6:00</b><br/>Bunco</p> | <p><b>9:00</b><br/>Coffee and donuts</p> <p><b>11:00</b><br/>Cookie making</p> <p><b>2:30</b><br/>Stories from the attic</p> <p><b>3:45</b><br/>Chair dancing through the decades</p> <p><b>7:00</b><br/>Western Theater</p> |